FIRST YEAR SEMINAR

__UCO 1200, HON 1515, or WRC 1103 (3 of 6 s.h. will count here) or __UCO MET* (0 s.h.)

*The First Year Seminar requirement in General Education is waived for students who: 1. graduated from high school at least one year prior to entering Appalachian; 2. are classified as transfer students by Admissions; AND 3. have earned 24 or more transferable semester credit hours at postsecondary institutions prior to entering Appalachian. Credit by exam or for military or life experience is excluded from the 24 semester credit hours. Students whose First Year Seminar requirement in General Education is waived might have three fewer semester credit hours of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)

__R C 1000, LLC 1000, or WRC 1103 (3 of 6 s.h. will count here)
__R C 2001 or WRC 2001

MAJOR REQUIREMENTS (hours count in major requirements)

__Junior Writing in the Discipline (“WID” on major Program of Study)
__Senior Capstone Experience (“CAP” on major Program of Study)

WELLNESS LITERACY (2 s.h. required)

Choose from the following:
1 s.h. courses: __E CO 2100 or 2200, __MAT 1035, __STT 2810, 2810, or 3820

2 s.h. courses: __EC O 2100 or 2200, __MAT 1035, __STT 2810, 2810, or 3820

3 s.h. courses (additional hour may count as elective): __D AN 4460, __H PE 4320, __N U T 2202, __P E 1718

QUALITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.): __C S 2435, __MAT 1010, 1020, or 1110, __ST T 2820, __WRC 1010

3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):
__ECO 2100 or 2200, __MAT 1035, __STT 1810, 2810, or 3820

1 s.h. courses (for students who transfer 3 s.h. of QL coursework): __MAT 1005, __STT 1805 (not open to students with other STT credit)

NOTE: If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major or minor requires a course which can count for the final QL hour.

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

☐ Biology in Society: take: BIO __1201 (3 s.h.), __1202 (3 s.h.), and __1203 (2 s.h.) or (for transfer credit) BIO __1201 (3 s.h.)/1204 (1 s.h.) and __1202 (3 s.h.)/1205 (1 s.h.)

☐ The Blue Planet: take both: GES __1104 (4 s.h.) and __1105 (4 s.h.)

*☐ Chemistry Connections to Our Changing World: take both: CHE __1103 (3 s.h.)/1110 (1 s.h.) and __1102 (3 s.h.)/1120 (1 s.h.)

*☐ Chemistry of Life: take both: CHE __1051 (3 s.h.)/1053 (1 s.h.) and __1052 (3 s.h.)/1054 (1 s.h.)

☐ Global Environmental Change: choose 2: __BIO 1103 (4 s.h.), __GH Y 1011 (4 s.h.), __GH Y 1012 (4 s.h.), __GES 1103 (4 s.h.), __GES 1104 (4 s.h.)

*☐ How Things Work: take both: PHY __1101 (4 s.h.) and __1102 (4 s.h.)

☐ Life, Earth and Evolution: take both: __ANT 1430 (4 s.h.) and __GES 1102 (4 s.h.)

*☐ The Physics of Our Technological World: take both: PHY __1103 (4 s.h.) and __1104 (4 s.h.)

☐ Physics of Self Expression: choose 2: PHY __1101 (4 s.h.), __1812 (4 s.h.), and __1814 (4 s.h.)

*☐ Physics with Calculus: take both: PHY __1150 (5 s.h.) and __1151 (5 s.h.)

☐ Restless Planet: Earth, Environment and Evolution: choose 2: GES __1101 (4 s.h.), __1102 (4 s.h.), and __1103 (4 s.h.)

*☐ Voyages through the Cosmos: take both: AST __1001 (4 s.h.) and __1002 (4 s.h.)

NOTE: A 1 hour lab option may be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.
INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.” All courses are 3 semester hours.

- **American Culture: Past and Present:** ANT 2235 (SS), COM 3130, ENG 2120 (LS), GHY 3016 (SS), HIS 2525 (HS), HIS/REL 3110, IDS 2000, WRC 2100 (SS)
- **Appalachian Mountains: Community, Culture, and Land:** A S/MUS 2016 (FA), A S/GES 2301, A S 2411 (SS), A S 3000, HIS 3726 (HS), SOC 3710 (SS)
- **Cultivating Creative Expression:** ART 2022 (FA), ENG 2360 (LS), MUS 2022 (FA), THR 2022 (FA)
- **Experiencing Inquiry: How to Ask Questions:** WRC 2201 (LS), WRC 2202 (HS), WRC 3000 (SS), WRC 3203 (FA)
- **Expressions of Culture:** COM 2124 (SS), DAN 2020 (FA), DAN 2030 (FA), HIS/IDS 3340 (HS), LLC 2050, THR 2020 (FA)
- **From Empire to Globalization:** ANT 1415 (SS), ANT 2340 (SS), ENG 2040 (LS), GWS 3020 (HS), HIS 2301 (HS), HIS 2302 (HS), LLC 2040 (LS), REL 3100, WRC 2400 (FA)
- **How We Know What We Know About the Past: Method, Evidence, Knowledge:** ANT 1420 (SS), ANT 1425 (SS), GHY 3005 (SS), GES 1842, HIS 2312 (HS), HIS 2320 (HS), LLC 2045 (LS), PLN 3730 (SS)
- **How We Tell Stories:** ENG 2170, IDS 2211, LLC 2025 (LS), MTL 2010, PHL 1502, REL 2020 (LS), THR 2005 (FA), THR 3640 (FA)
- **The Human-Animal Bond:** ENG 2430 (LS), ENG/S D 3715 (LS), GHY 2200 (SS), GLS 3580, HIS 2150 (HS), PHL 2010, WRC 2100
- **Imagination, Innovation, and Meaning:** ANT 2440 (SS), DAN 2010 (FA), HIS 1110 (HS), MUS 2018 (FA), PHL 2013, THR 2010 (FA)
- **Intersections: Race, Class, and Gender:** ANT 2420 (SS), ENG 2130 (LS), GWS 2421, MUS 2023 (FA), PHL 3050, P S 3410, SOC 2050 (SS), W S 2615
- **Las Américas:** ANT 2300 (SS), GHY 3014 (SS), GWS 3020 (HS), HIS 2301 (HS), HIS 2302 (HS), LLC 2040 (LS), REL 3100, WRC 2400 (FA)
- **Revolutions: Social and Political:** ART 2019 (FA), GHY 2700 (SS), HIS 1501 (HS), HIS 2340 (HS), MUS 2015 (FA), PHL 3030, SOC 1100 (SS), THR 2017 (FA)
- **Social Relations Across Contexts:** COM 2121, GHY 3230 (SS), HIS 1120 (HS), PLN 3040 (SS), PSY 2100, PSY 2213 (SS), SOC 1110 (SS)
- **Sustainability and Global Resources:** FCS 2110, FER 1000, GHY 1010, IDS 3010, PHL 2015, PHY 1830, S D 2400 (SS), TEC 2029 (SS)
- **War and Peace:** ANT 2222 (SS), GWS/JHP 2350, HIS/JHP 2300, HIS 3158 (HS), HIS 3823 (HS), P S 4225 (SS), REL 3170, SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes. Unless otherwise indicated, all courses are 3 semester hours.

- **Anthropology (ANT):** 2100 (SS), 2400 (SS), 2430 (SS), 2700 (SS), 2800 (SS)
- **Appalachian Studies (A S):** 2020, 2025
- **Apparel Design and Merchandising (ADM):** 1000 (SS)
- **Arabic (ARB):** 1050
- **Art (ART):** 2011 (FA), 2016 (FA)
- **Art History (ARH):** 2030 (FA), 2130 (FA)
- **Astronomy (AST):** 1050
- **Career and Technical Education (CTE):** 1590
- **Chinese (CHN):** 1050
- **Commercial Photography (PHO):** 2032
- **Communication (COM):** 2105, 3300, 3315
- **Criminal Justice (C J):** 3450 (SS)
- **Curriculum & Instruction (C I):** C I/R M 2000
- **Dance (DAN):** 1431 (FA), 2800 (FA), 3430 (FA), 3435 (FA), 3445 (FA)
- **Economics (ECO):** 2030 (SS), 2040 (SS), 2620 (SS)
- **English (ENG):** 1500, 2030 (LS), 2050 (LS), 2060 (LS), 2070 (LS), 2080, 2090, 2175, 2190 (LS), 2350 (LS), ENG/HJP 3712 (LS)
- **Family & Child Studies (FCS):** 2103 (SS), 2111
- **Finance (FIN):** 2860
- **French (FRE):** 1050 OR 1060 (3 of 6 s.h. count in General Education)
- **Gender, Women’s, and Sexuality Studies (GWS):** 2600
- **Geography (GHY):** 1020 (SS), 1040 (SS), 2300 (SS), 3013 (SS)
- **German (GER):** 1050 OR 1060 (3 of 6 s.h. count in General Education)
- **History (HIS):** 1101 (HS), 1102 (HS), 1130, 1200 (HS), 1700, HIS/WRC 3210, 3350 (HS), 3728 (HS)
- **Honors College (HON):** restricted to HON students: 2515, 3515
- **Industrial Design (IND):** 1401 (FA)
- **Interdisciplinary Studies (IDS):** 3025, 3250
- **Interior Design (INT):** 1300 (FA)
- **Japanese (JPN):** 1050
- **Korean (KOR):** 1050, 1060
- **Latin (LAT):** 1050
- **Management (MGT):** 2030 (SS)
- **Music (MUS):** 2011 (FA), 2014 (FA), 2017 (FA)**, 2025 (FA), 2611 (HS) (2 s.h.), 2612 (HS) (2 s.h.), 2613, 2616 (FA), 3611 (HS) (2 s.h.)
- **Nutrition (NUT):** 2351 (SS)
- **Philosophy (PHL):** 1000, 1040, 1100, 1501, 1503, 2000, 3000 (HS), 3010, 3013, 3015, 3020, 3040, 3060, 3200 (HS), 3350, 3600
- **Physics (PHY):** 1600, 2220
- **Planning (PLN):** 2410 (SS)
- **Political Science (P S):** 1100 (SS), 1200 (SS), 2130 (SS)
- **Portuguese (POR):** 1050
- **Psychology (PSY):** 1200 (SS), 3010
- **Public Health (P H):** 2000 (SS)
- **Recreation Management (R M):** R M/C I 2000, 2100 (SS), 2140 (HS)
- **Religious Studies (REL):** 1010 (LS), 1100 (SS), 1110 (SS), 1120, 2010 (LS), 2030 (LS), REL/JHP 2100 (HS), 2120 (HS), 2130 (HS), 2140, 2150 (HS), 2180, 2210 (HS), 2220 (HS), 3710 (SS), 3735 (LS), 3750 (SS)
- **Russian (RSN):** 1050
- **Sociology (SOC):** 1000 (SS), 2020 (SS), 2850 (SS), 3100 (SS)
- **Somatic Sustainability (SSU):** 2460
- **Spanish (SNH):** 1050 OR 1060 (3 of 6 s.h. count in General Education)
- **Sustainable Development (S D):** 2800 (SS)
- **Technology (TEC):** 2601
- **Theatre (THR):** 2025 (FA)**, 2030 (FA), 2300 (FA), 2610 (FA), 3730 (FA)
- **Watauga Residential College (WRC):** 1104 (6 s.h.) (Restricted to WRC students), WRC/WLC 2030, 2403 (LS), 2405, WRC/HIS 3210, 3401 (LS), 3403 (FA), 3665 (LS)

**A student may use either MUS 2017 or THR 2025, but not both, to meet General Education requirements.**